



Pony Trekking

learnlink™

About the activity

Available at an additional cost, our Pony Trekking course is a gentle introduction for children with limited or no experience of horse-riding. By the end of their ride your pupils may have discovered a new passion! For more confident riders, the pace may include some trotting. Pony trekking is available at Tregoyd House and takes place in the Black Mountains nearby.

Activity aims

The aim of this activity is to:

- Introduce the skill of horse riding/pony trekking and the necessary equipment.
- Allow each participant to experience riding and take part in stable management tasks.
- Encourage participants to set goals.
- Ensure participants support and encourage each other to achieve those goals.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Improve the quality and consistency of their riding technique.
- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication and communication by non-verbal means
- Teamwork
- Using initiative

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated basic riding technique to ride safely under supervision.
- Discussed relevant issues and skills around general horsemanship, stable management and care of animals.
- Used specialist equipment and PPE, understood its purpose and name.
- Demonstrated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- Developed an understanding of associated hazards, been able to assess risks and understood how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. hazard, personal protective equipment, risk assessment, safety area.
Words relevant to equipment	e.g. bridle, reins, saddle, stirrups, harness, riding hat/helmet.
Words relevant to the activity	e.g. walk, trot, grip, seat, posture.
Words relevant to teamwork	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.